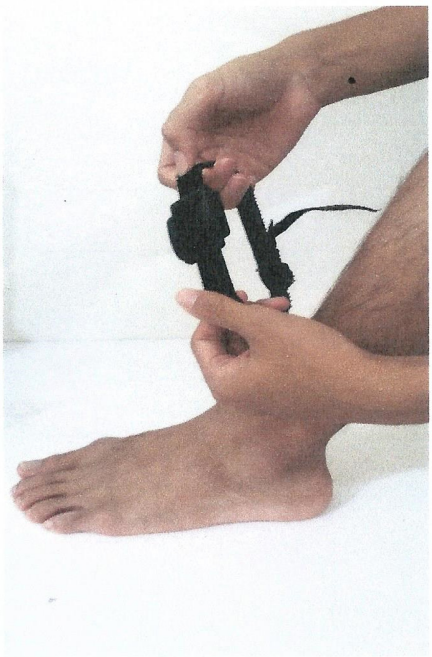
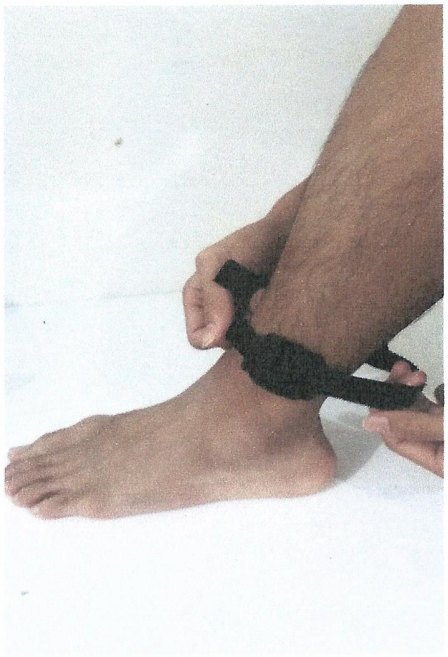
RACE TIMING SOLUTIONS

How to attach your Race Timing Ankle Tag



1. Take your ankle tag which has been correctly threaded and stretch it to fit over your **LEFT** foot



2. Put strap in place around your **LEFT** ankle with the tag **facing outwards**

Adjust tightness for comfort

Take the excess strap beyond the buckle and double it back, then fasten the velcro securely.